



## Recommended

### PAR STOCK LIST

#### Produce

Shallots  
Yellow Onions  
Garlic  
Carrots  
Celery, stalk  
Potatoes, Idaho  
Tomatoes 6x6  
Mushrooms, White Button  
Lemons  
Limes  
Oranges, Navel  
Mango  
Strawberries  
Blueberries  
Raspberries

#### Fresh Herbs

Basil  
Tarragon  
Italian Parsley  
Thyme  
Chervil

#### Dairy

Eggs  
Butter Unsalted  
Sour Cream  
Shortening  
Cheese, Swiss  
Parmesan  
Mozzarella  
Cheese, Mild Cheddar  
Milk  
Heavy Cream  
Buttermilk  
Sour Cream

#### Grocery

Vinegar, White Wine  
Vinegar, Red Wine  
Vinegar, Tarragon  
Vinegar, Balsamic  
Oil, Olive Extra Virgin  
Oil, Canola  
Pan Spray  
  
Chocolate, Semi Sweet Chips  
Chocolate, Couverture Dark  
Cocoa Powder  
  
Rice, Long Grain  
Rice, Arborio  
  
Couscous

Honey  
Tomato Paste

Gelatin sheets  
Cornstarch  
Arrowroot  
Flour, AP  
Flour Bread  
Flour, Semolina Durum (Finely Ground)  
Bread, White Slice

Dry Spices & Herbs  
Wasabi Powder  
Mustard, Dijon  
Soy Sauce

Baking Powder  
Baking Soda  
Graham Cracker Crumbs  
Sugar, Powdered  
Sugar, Granulated  
Sugar, Brown  
Molasses

#### Alcohol

Red Wine  
Brandy  
Grand Marnier  
Kirschwasser  
Pernod  
Sherry Dry  
Port Wine

White Wine

#### Fresh Stock

Chicken Stock  
Veal Stock  
Fish Stock